

JANUARY 2019

CARE & WELLBEING



Happy New Year!

Thank you for your support during the very busy Christmas period and the New Year. We hope you have had a wonderful start to 2019 and look forward to the year ahead. Best wishes to you all, KH Team

THE EMPLOYEE STAR AWARDS 2018

The Star Awards were a great opportunity for us to recognise and celebrate the many efforts our wonderful staff make. Both our clients and staff members voted for their winners who were announced at the Christmas Parties we held for employees. Thank you to those who voted towards the awards.

The **Winners** and **Finalists** for each award were:

The Shining Star Award

Winner: Claire Jones
Finalist: Kim Miles

The Social Star Award

Winner: Linda Gummer
Finalist: Natasha Plant

The Service Star Award

Winner: Shelly Bedford
Finalist: Rachael Edwards

The Gratitude Award

Winner: Elizabeth Jones
Finalist: Tracey Campbell

The Future's Bright Award

Winner: Joella Davies
Finalist: Georgia Proudlock
Finalist: Gareth Hughes

The 2019 ABCD Award

Winner: Di Gammond
Winner: Michelle Hellyer
Winner: Rachael Edwards

The Super Star Award

Winner: Sharon Box
Finalist: Ruth Nice

The 5* Recognition Award

Winner: Carrie Mixell
Finalist: Amanda Barnes



Hattie Hayes with Linda Gummer; one of our worthy winners.

LAND ROVER EXPERIENCE



Rebecca Tilby our Registered Manager took a trip to Eastnor Castle in December to take part in **4x4 Resilience Training** in partnership with **Herefordshire Council**.

Rebecca drove through a river, over a cliff top and over rocky, steep terrains. She learnt all the skills and knowledge of how to drive safely in different weather conditions. She is pictured in the Land Rover above.

M.I.N.D. FUNDRAISING

One of our wonderful clients, **Brendon Feeley** and his wife **Erica** arranged a Quiz at the Bay Horse for **World Mental Health Day**. The evening was great fun and they raised an amazing £640 towards the charity.



THE BORN SLEEPING APPEAL

Claire Jones one of our well-being assistants has been raising money for **The Born Sleeping Appeal**. Here is her story...

"In August, my sister and her partner sadly lost their baby born at 22 weeks old following an infection that led to sepsis. The care they received from Hereford County Hospital was good but they were moved around departments in order to accommodate others, and even ended up having to spend the last few days in Hospital on a ward with new mothers and their babies.

The Born Sleeping Appeal was set up by Hereford County Hospital to try and raise vital funds for a bereavement suite in order to support parents and their families after the loss of a child. To create this new suite they need to raise £75,000.

In order to raise funds for the appeal we have held a coffee and cake day which included a raffle and have sold little knitted stockings with a chocolate treat in to hang on the Christmas tree. We have received generous donations from friends and family in memory of their son Harry. So far, we have raised nearly £1,500."



A DAY IN THE LIFE OF A WELL-BEING ASSISTANT

"I worked as a carer for two years before becoming a well-being assistant at Katherine Harriet six months ago. I love my job more and more each day and I don't think there could be more rewarding job out there. I am continuously inspired by the warmth from the staff and our wonderful clients. Everyday I am surrounded by interesting people with so many stories to tell and I just love to chat, and listen of course! Knowing that you make a difference to someone's life by supporting them to live in their own homes and maintaining their independence is a very fulfilling experience. Each day I leave work knowing I have done my best to help. Katherine Harriet, I thank you for allowing me to be myself and do what I love. This is a very intimate role but so very rewarding."



- Sharon Box (above)

CHRISTMAS LUNCH



We had a lovely **Christmas lunch** on 4th December at **The Bay Horse** with some of our Clients and staff members. Thank you for those who attended for a delightful day to celebrate Christmas! **Claire** and **Barbara** pictured to the right.

CARE AWARDS

Katherine Harriet made it as a finalist at **The 2018 Regional Great British Care Awards** in the West Midlands in the **Employer of the Year** category. Thank you all for your nominations. Well done Hattie and the KH team!

TESTIMONIALS

"What would I have done without you?! Thank you so much for all your care. Your staff were wonderful, kind, helpful, cheerful and a huge help to me. Thank you, thank you."

CLIENT SURVEY RESULT

52%
rated us as
**outstanding/
excellent**

48%
rated us
as **good**

UPCOMING EVENT

On Tuesday 26th February 2018 at 2.30pm, you can visit the Mayors Parlour for £10 per person with all proceeds donated to the Mayors local charities.